

Fall 2024 Schedule

October 14 – November 22

Lifelong Learning for Older Adults
Classes • Special Events • Field Trips

Priority Enrollment Begins
Monday, September 16, 2024 at 10:00 am



Never. Stop. Learning.
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Center for **Financial Planning**, Inc.®

SANDY Adams, CFP®



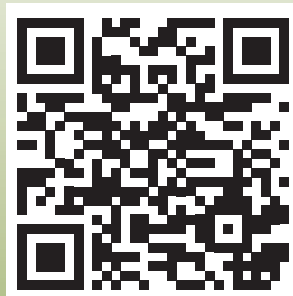
Sandy Adams, CFP®, is a Partner and CERTIFIED FINANCIAL PLANNER™ professional at Center for Financial Planning, Inc.®. She specializes in longevity planning and eldercare. Sandy assists with long-term care, supports caregivers in finding essential resources, and helps with important estate planning documents. Let Sandy help you secure a comfortable and well-planned future for you and your loved ones.



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Reflections from Debra Yamstein, SOAR Executive Director

Happy Autumn SOAR members and friends! This class schedule marks two full cycles that I have been with SOAR, and it has led to some reflection.

Here are some of the things that I have learned about SOAR. SOAR members are intelligent, interesting, enthusiastic, joyful, and engaged. Our members genuinely love learning and sharing. They are generous with their time and their thoughts, and they participate in classes in a way that brings our volunteer faculty back year after year. In fact, that is the number one feedback that I hear from our faculty. They continue to teach for SOAR because our members are engaged and ask good questions. Kudos to you!

Over the past two years we have made some significant changes. We have begun to offer a single class option, increased the number of classes a full member can take during the term, started live broadcasting many of our classes, and have welcomed new members and staff.

SOAR continues to work on growth and improvement, and we always welcome your feedback. To that end, you will notice a few changes in this class schedule. We have included a pull-out calendar with all the classes listed. We heard you say you missed this feature. We are including symbols to help you better understand which classes are in-person only, Zoom only, or a combination of both. We heard you say the current system is confusing. And we are offering more opportunities for socializing and getting to know other SOAR members. Please join us for a **"Get to Know You Thursday"** lunch when we invite SOAR members to have lunch together (in the office) and talk a little about themselves. In addition, the office will be open (with coffee) for folks to eat together every day during the term.

There are loads of great classes, special events, field trips, and more scheduled for the term. As you look through the class schedule or attend classes this term, please remember that SOAR is a VOLUNTEER LED organization, and we need each of you to make it successful. Consider how you might contribute to our collective success. There are many committees that need members and leaders. What skills can you offer? Please reach out to the office or any Board member to talk about ways that you can help.

Finally, SOAR's #1 means of growth is friends sharing SOAR with other friends. Please share with your friends what you love about SOAR and bring them to the **Bring a Friend for Free Day** on Wednesday, October 16th. If you have friends that want to try a SOAR class but cannot attend that day, please bring them a different day. We would love to share SOAR with more members of the community.

Happy learning,

Deb



Debra Yamstein, SOAR Executive Director

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LEGEND:  IN-PERSON  VIEW FROM HOME  NOT RECORDED  RECORDED
In-person classes are not recorded. Only Zoom classes are recorded.

Israel and Palestine: Listening to Both Stories
The US Air Force of Today and for Tomorrow
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Special Events

Register at www.soarexplore.com

Shadows of Freedom with Filmmaker and Historian Amos Carlen

Join other SOAR members for a showing of the film and a discussion with the filmmaker.

Shadows of Freedom recounts the untold story of the French & Jewish resistance of 1942 in Algiers, which helped change the course of WWII, yet remains largely forgotten.



Friday, October 25, @ 1 pm
Location: In-Person/Live Broadcast (Mr. Carlen will join via Zoom)

\$10-members \$15-non-members

Howard Lupovitch & Saeed Khan - The Middle East, One Year On, Has the World Moved On?

Professors Khan and Lupovitch have been collaborating on talks and doing media interviews about the Israeli-Palestinian conflict since 2011. Join these scholars for an updated look at the region.



Friday, November 1, 2024 @ 2 pm
Location: Harrison Hall
\$10-members \$15-non-members

Barbara McQuade - Attack from Within: How Disinformation is Sabotaging America

Former US Attorney, U of M Professor of Law and frequent legal analyst for NBC and MSNBC

discusses her new book and as well as current legal and political topics. Books available for purchase/signing



Friday, November 15, 2024 @ 1 pm
Location: SOAR Classroom or via Zoom
\$10-members \$15-non-members

Bring a Friend for Free Day Wednesday, October 16

SOAR members are encouraged to introduce SOAR to their friends.

All guests must be registered.

Guest passes are not needed for this event.

Location: Harrison Hall

Registration instructions can be found in the Monday e-blast

AM Class

An Overview of the Road Commission of Oakland County
with Craig Bryson
page 7



PM Class

Kent State (1970) and Other Student Protests: Memories and Legacies
with Thomas Sosnowski
page 12



Michigan Central Train Station Tour



In combination with the class to be held on October 17th, SOAR members are invited to a guided tour of Michigan Central station. The tour will be led by architects from Quinn Evans.

This field trip and tour are part of the Lewis "Skip" and Beverly Siegel Art Exploration Experience. The cost of transportation has been generously underwritten by The Lewis "Skip" and Beverly Siegel Field Trip Transportation Fund.

The bus will leave from the Hawk at approximately 1:00 pm.

Details of this trip are still being finalized

Friday, October 18, 2024

\$10

La Traviata at Detroit Opera

Elegance and grandeur abound in this updated 20th century setting of Verdi's treasured opera. The vibrant Violetta falls in love with young nobleman Alfredo, but society tests their love and demands sacrifice. Will they find happiness before it's too late?



Music Director Roberto Kalb leads this world-class cast, which includes Emily Pogorelc, Galeano Salas, and Rod Gilfry.

Limited bus transportation to Detroit Opera is available. Transportation deadline – Thursday, October 10, 2024

**Sunday, October 27, 2024
2:30 pm**

Members \$35 ticket + \$10 for round-trip transportation. Non-members \$45 + \$10 for round-trip transportation

St. John Armenian Apostolic Orthodox Church Sanctuary and Museum Tour - The Church with the Golden Dome

Includes church tour, museum tour, sacred music performance, and Armenian lunch buffet

Transportation: On your own

Registration deadline – Saturday, September 7, 2024

Wednesday, September 25, 2024, 10 am to 2 pm

\$38 for members

\$43 for non-members



On the Cover

The trees around Tahquamenon Falls in the Upper Peninsula light up with Fall colors.



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A generous gift in memory of Skip and Beverly Siegel has enabled SOAR to establish **The Lewis "Skip" and Beverly Siegel Art Exploration and Transportation fund.** Transportation for the Michigan Central & La Traviata field trips has been heavily subsidized by the fund. SOAR thanks the Siegel's children for their thoughtful gift.



Archaeology/Anthropology

The Qumran Community and the Dead Sea Scrolls: Utopianism and Messianism

The Essene community settled in Qumran by about 150 BCE; it is well known for preserving and copying sacred Jewish texts, ranging from the Biblical to sectarian works. The Essenes reacted to the turmoil during the Roman period in ancient Judah. Certain of their lesser-known texts reflect their fervent longing for a restored Israel and a purified Temple. This presentation will place the Essenes in historical context, and it will examine some of the esoteric texts that reveal their hopes for a covenanted Israel.

Dr. Michael Pytlik teaches courses in Anthropology, specializing in the archaeology of Israel, and in Judaic Studies. He has led the study abroad program to Israel since 2009, which is focused on an archaeological field school and tour of the country. His doctoral studies focused on the historical King David through the lenses of archaeology, history, biblical studies and on subsequent narratives about the king. Dr. Pytlik also teaches courses such as mysticism, sacred sites of the Near East and Jerusalem, World Religions, and various courses in Judaic Studies.




Monday, October 21, 2024, 1:00 pm to 2:30 pm

F2401 • Zoom, Recorded  

Helena Arose serves as the Director of Programs at the Antiquities Coalition. In this role, she closely collaborates with representatives from the U.S. and international governments, law enforcement agencies, international partners, academics, and other key stakeholder groups to develop and implement programs to fight the illicit trade in ancient art and antiquities.



Monday, October 21, 2024, 10:00 am to 11:30 am

F2402 • Zoom, Recorded  

Tricks and Treats in Art

Tricks and treats are part of the fun of next week's Halloween. This richly illustrated presentation, however, will focus on the tricks that artists use to bring you their wonderful treats. Of course, there will also be plenty of spooks and scares too. So come prepared to be terrified!!

Art historian **Wendy Evans** has advanced degrees from Oxford University, England and WSU, Detroit. She taught art history at Wayne State, is a longtime DIA volunteer, and loves to share her passion for art with groups in the metro area and beyond. In the 15 years between 2006 and 2021 Evans gave 55 presentations at SOAR on a wide range of art topics. More information is at www.art-talks.org.



Wednesday, October 23, 2024, 10:00 am to 11:30 am

F2403 • In-Person/Live Broadcast   

Designing a Carbon-Negative House

This presentation will focus on current ideas and techniques for the design of a sustainable, carbon-negative house. As the ravages of climate change become more apparent, it is important that we do everything possible, as timely as possible, to keep carbon from the atmosphere and, if possible, remove more carbon (methane) than will be emitted during construction, operation and demolition of a residence. The presentation will proceed step-by-step through the design process.

Prof. Stephen Vogel, FAIA, is Dean Emeritus and Distinguished Professor of the University of Detroit Mercy School of Architecture and Community Development. During his tenure as dean, he co-founded the Detroit Collaborative Design Center, a university-based



Art/Architecture

Stakeholders in the Fight Against Cultural Racketeering

Illicit antiquities trade is a threat not just to our shared history, but to human rights, national economies, and global security. To protect our shared heritage and security, the Antiquities Coalition (AC) is leading the international campaign against cultural racketeering and the illicit trade in ancient art and artifacts. Arose will provide an overview of the AC's work and discuss how the international community, including governments, non-government organizations (NGOs), and the private sector can work together to combat this crime.

center providing professional design services to non-profit civic and community organizations as well as creating the Master of Community Development degree program, which emphasizes community engagement and cross-cultural understanding. He is a Richard Upjohn and Louise Blanchard Bethune Fellow of the American Institute of Architects.

Wednesday, November 13, 2024, 10:00 am to 11:30 am

F2404 • In-Person/Live Broadcast 📍 🏠 🚫

Business/Financial

Estate Planning Essentials

The intersection of end-of-life decisions, incapacity, and the law offers challenges and opportunities. This class will explore how Patient Advocate Designations, Do Not Resuscitate Orders, Michigan Physician Orders on the Scope of Treatment, and HIPAA can assist in ensuring that healthcare wishes are followed by providers and loved ones. Collens will also discuss Michigan's new Uniform Power of Attorney Act and the proposed Death with Dignity Act.

Howard H. Collens is the founder of Collens Estate Law. Mr. Collens focuses his practice on contested and uncontested probate and trust administration, guardianships and conservatorships, estate planning, and elder law. He has been selected as a Super Lawyer each year from 2019 to 2024 including being recognized as one of the Top 100 Lawyers in Michigan in 2023 and 2024. Mr. Collens speaks regularly on topics concerning fiduciary access to digital assets, estate planning, and estate administration.



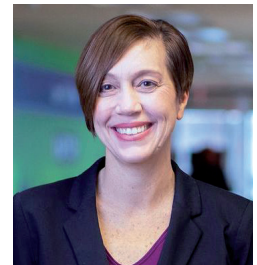
Tuesday, October 22, 2024, 1:00 pm to 2:30 pm

F2405 • In-Person/Live Broadcast 📍 🏠 🚫

Financial Planning Guidance for Caregivers & Widows/Widowers

Two of the most difficult roles people play during life are that of a caregiver and that of a widow/widower. Many will fulfill both roles. Not only are these roles emotionally and psychologically demanding, but the financial planning decisions made leading up to and during these times can be critical to lifetime financial security. This session will discuss how best to plan ahead, what the most important financial decisions are, and what resources are available to help best ensure success.

Sandra D. Adams, CFP®, is a Partner and CERTIFIED FINANCIAL PLANNER™ professional at Center for Financial Planning, Inc.®. Adams has more than 20 years of financial planning experience and has been recognized by Forbes as a Forbes Best in State Top Woman Wealth Advisor for four consecutive years. Adams specializes in Longevity Financial Planning and is a frequent speaker and writer on related topics. She works with generations of families and is specially trained to work with those going through the death of a spouse, divorce, and other life transitions.



Friday, November 22, 2024, 10:00 am to 11:30 am

F2406 • Zoom, Recorded 🏠 🗣️

Current Events

Palestinian-Israeli Update

The enduring and alarming conflict in Israel/Palestine continues to grip the world. The ironies and tragedies include the fact that these two peoples have so much in common. The class will look at some of the key historic and recent turning points in this struggle and consider ways to promote solutions and reconciliation, including some inspiring joint initiatives.

Dr. Frederic Pearson is Professor of Political Science and former Director of the Wayne State Center for Peace and Conflict Studies. He is a recognized scholar in the fields of international relations, military interventions, and conflict resolution. Among the books he has published are studies of crisis behavior, arms trade, and Arab approaches to conflict settlement.



Monday, October 14, 2024, 10:00 am to 11:30 am

F2407 • Zoom, Recorded 🏠 🗣️

An Overview of the Road Commission for Oakland County

This presentation will review who and what the Road Commission for Oakland County is, where it gets its funding, and how it selects projects. We will discuss roundabouts and Oakland County Road's designation as among the safest in the state and the nation for a community our size and population. The class will shed light on the current state of our roadways.

Craig Bryson is Senior Communications Manager at the Road Commission for Oakland County (RCOC).

He has 27 years with RCOC and 37-plus years in communications. Bryson served as a senior publicist for the Gale Group handling public relations for several corporate divisions. He also served as a publicist for the City of Detroit and spent seven years as a newspaper reporter and editor. Bryson holds a master's degree from Wayne State and a bachelor's degree from Central Michigan. He has been an adjunct faculty member at Macomb Community College.



Wednesday, October 16, 2024, 10:00 am to 11:30 am

F2408 • In-Person Only-Harrison Hall 🚶 🚫

The Election is Over. So, What Happened? And What Happens Now?

This class will be presented exactly one week after perhaps the most momentous national election since the Civil War. With the voting behind us, Jack Lessenberry, a senior political analyst who has covered politics for decades, will analyze what happened, why it happened, and what remains unresolved. Then, we will take a look ahead to explore what may happen next – in Congress, in politics, in Lansing, and in the country.

Jack Lessenberry has been a writer for many publications, including *Vanity Fair* and the *New York Times*. Currently, he is a contributing editor and columnist for the *Toledo Blade* and is the co-author of the book, *The People's Lawyer, The Life and Times of Frank J. Kelley*, the century-long saga of a newspaper family and race, and *Thinking About the Other Fella: Avern Cohn's Life and the Law*. He lives in *Huntington Woods and Charlevoix, Michigan*, with *Elizabeth*, their *Australian Shepherds*, and entirely too many and not nearly enough books.



Tuesday, November 12, 2024, 10:00 am to 11:30 am

F2410 • In-Person Only-Harrison Hall 🚶 🚫

Overview of World Elections

2024 is a year of several consequential elections: Great Britain, India, Mexico, France, and, most certainly, the United States. The leadership coming to power in each of these countries could have profound consequences both domestically and globally. This lecture will offer an analysis of

these elections and assess what each result means for the country in question, for international relations and for the US.

Prof. Saeed Khan is Associate Professor of Near East & Asian Studies and Global Studies at Wayne State University, where he is also Director of the Center for the Study of Citizenship. He is Co-founder and Senior Research Fellow at the Institute for Social Policy of Understanding, and his latest publications include *Global Studies: A Reader on Issues and Institutions* and the co-authored book, *What's Going on Here? US Experiences of Islamophobia Between Obama and Trump*.



Thursday, November 21, 2024, 10:00 am to 11:30 am

F2411 • In-Person Only-Harrison Hall 🚶 🚫

Detroit/Michigan

Transformation of Michigan Central Station

This class is part of the new **Lewis "Skip" and Beverly Siegel Art and Exploration Experience**. Made possible through a generous gift from the Siegel estate, SOAR members will have an opportunity to learn about a topic and then get out and explore it. This class is paired with a tour of Michigan Central led by Wyrembelski & Antrassian on October 18, 2024.



After the last Amtrak train departed Michigan Central Station in 1988, the historic structure stood abandoned for 30 years. Then, in 2018, Ford Motor Company purchased the building and announced plans to revive the space. Learn about the extraordinary transformation process and how adaptive reuse of the historic station connects Detroit's past to its promising future.

Angela Wyrembelski is a Senior Associate and preservation architect with *Quinn Evans*, based out of Detroit. She received her Masters in Architecture from Boston Architectural College, a Masters Certificate in Historic Preservation from Eastern Michigan University and an undergraduate degree from the University of Michigan. A passionate advocate for historic preservation, Wyrembelski



enjoys the opportunity to extend the life of vacant and underused buildings. Wyrembelski leads Quinn Evans' Living Practice Area; focusing on buildings that touch our daily lives.

Claire Antrassian is a graduate of the University of Detroit Mercy School of Architecture and Community Development (SACD), where she earned both a Bachelor of Science and Master of Architecture. Antrassian is still actively involved at Detroit Mercy as the President of the SACD Alumni Council and an adjunct professor. Antrassian works at Quinn Evans as a Designer, focusing primarily on preservation and adaptive reuse. As a resident of Detroit, she is passionate about the role adaptive reuse and contextual design have in preserving neighborhoods and urban spaces.

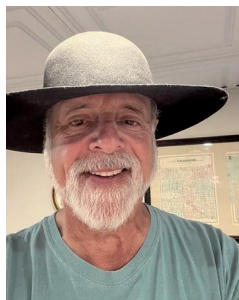


Thursday, October 17, 2024, 10:00 am to 11:30 am
F2409 • In-Person/Live Broadcast 📍 🏠 🚫

Farmington: A Bicentennial History

From its humble beginnings to a thriving city in southeast Michigan, Farmington has a fascinating history. The oldest community on the western side of Oakland County and the first Quaker Community in Michigan, its residents were active in the Underground Railroad movement. Learn all about this community as we celebrate 200 years of history.

Brian Golden is a local Farmington historian. Deeply rooted in historical organizations, he is president of the Farmington Historical Society, a past president of the Oakland County Pioneer and Historical Society, a past member of the Oakland County Historical Commission, a current member of the Farmington Hills Historical Commission and president of the Friends of the Governor Warner Mansion in Farmington. Golden has authored 5 local history books including Farmington Junction: A Trolley History. His love of history is evident in his presentation style.



Thursday, October 31, 2024, 10:00 am to 11:30 am
F2412 • In-Person/Live Broadcast 📍 🏠 🚫

From Keeper to Curator: Over 35 Years at the Detroit Zoo

The Detroit Zoo not only provides a place to visit and view animals, it also works hard to educate the community—and it takes immense pride in

that work. The Zoo, as well as its other campus, the Belle Isle Nature Center, works to help people of all ages understand their significant role in shaping the natural world and the impact they have. Join us as we look at how we can help all creatures—big or small – through our everyday actions.

Michael Reed is a zoologist / environmental scientist who has worked at the Detroit Zoological Society for more than 35 years. Reed has spent his career building habitats for, caring for, and educating the public on ways to support all animals and the environment that we all share. As a coordinator of education programs for the Zoo, Reed is a highly sought-after presenter due to his passion for the people, the animals, and the natural world.



Thursday, October 31, 2024, 1:00 pm to 2:30 pm
F2413 • In-Person Only 📍 🚫

Detroit: UNESCO City of Design

Detroit is the first and only UNESCO: City of Design in the USA. As stewards of Detroit's designation, Design Core's mission is to establish Detroit as a recognized and valued world-class location for creative talent, while upholding the UN's 17 Sustainable Development Goals. This class will cover the purpose and structure of the UNESCO Creative Cities network and the tools, resources, and programs developed and delivered to achieve this designation. What Detroit's inclusion means for economic and community development in our region will also be explored.

Bonnie Fahoome has served the entrepreneurs and small businesses of Detroit for 15 years. For eight years, she has led Design Core's business programs, creating new tools, resources and services to strengthen the market for regional designers and firms. Fahoome actively collaborates with partners and subject matter experts to support design-driven businesses and the economic development ecosystem in Detroit and to facilitate meaningful connections between professional service providers and their target clients. In her current role, Fahoome also oversees Detroit's UNESCO City of Design designation and the affiliated global partnership network.



Thursday, November 7, 2024, 1:00 pm to 2:30 pm
F2414 • In-Person/Live Broadcast 📍 🏠 🚫

Film

Miyazaki Hayao and the Messages in *The Wind Rises*

Since the 1950s, anime (animated film) has dominated the Japanese box office. These feature productions have attracted a global audience thanks to their complex storytelling, relatable characters, range of themes, and the quality of their graphics. Co-founded by Miyazaki Hayao, Studio Ghibli has been at the forefront of the anime boom, having released five of the top fifteen highest grossing films in Japan. This class will include a showing of *The Wind Rises* (2013, 126 minutes), Miyazaki's fictionalized biopic of the designer of Japan's most famous fighter plane, followed by discussion of the film's messages and reception.

A historian of modern Japan with a focus on the Meiji period (1868-1912), Prof. Elizabeth Lublin has taught courses on East Asia at Wayne State for over 20 years. Her early publications examined the reform activism of the Japan Woman's Christian Temperance Union, and her current research explores Japan's tobacco and match industries.



Tuesday, October 15, 2024, 12:30 pm to 3:00 pm
F2415 • In-Person Only 📶 🚫

Film and Philosophy

This film series will explore how films create (ideal) viewers in and through cinematic techniques like narrative style, plot, editing, scene sequencing, dialogue, and emotional response. Films are powerful means of evoking thought, emotion, and judgement around representations of different social and political issues: legal and political culture, crime, punishment, intimacy, race, identity, gender, sex, sexuality, ethnicity, dignity, and value. Film has become an essential form of cultural activity that either challenges us to interrogate dominant norms and practices or deepen our uncritical allegiance to them.

mark wenzel has been in the Wayne State University Philosophy Department since 1998 and holds classes in Global Ethics, Contemporary Moral Issues, Feminist Philosophy, Philosophy of Arts and developed a course in Classical Indian Philosophy for Fall 2023. wenzel has held classes (twice) in Feminist Philosophy at the Huron Valley Women's Prison and is currently part of a WSU group working to begin a College in Prison Program at Macomb Correctional Facility.



Perfect Days

Hirayama works as a public toilet cleaner in Tokyo's upscale Shibuya ward, across town from his modest home in an ungentrified neighborhood east of the Sumida River. He repeats his structured, ritualized lifestyle every day, starting at dawn. He dedicates his free time to his passion for music cassettes, which he listens to in his van to and from work, and to his books, which he reads every night before going to sleep. His dreams are shown in flickery impressionistic sequences at the end of every day.

Monday, October 28, 2024, 12:30 pm to 3:00 pm
F2416A • In-Person Only 📶 🚫

Camille Claudel 1915

The family of renowned French sculptor, Camille Claudel, commits her to a psychiatric hospital in the south of France against her will. Living a desolate life, she awaits a visit from her brother Paul who remains in contact with her. Earlier in her life Camille was a student of renowned sculptor, August Rodin, but must break with him later to show that she is obviously her own creative muse.

Monday, November 4, 2024, 12:30 pm to 3:00 pm
F2416B • In-Person Only 📶 🚫

Flawless

Decorated and retired security guard Walter Koontz lives in a downtown apartment complex, where he is in constant conflict with transgender neighbor, Rusty, and his friends. He frequents a night club, from which he conducts a superficial sexual relationship with Karen. An accident during a robbery in the building leaves Koontz needing speech therapy in the form of singing lessons from his transgender neighbor, Rusty.

Monday, November 11, 2024, 12:30 pm to 3:00 pm
F2416C • In-Person Only 📶 🚫

Departures: An Oscar-Winning Japanese Film

In the 2008 Japanese film, *Departures* directed by Yojiro Takita, we see life and death as two expressive movements of one musical piece. *Departures* is a beautiful story, of Japanese ceremonies and values, told through cinematography. The film explores life and death through the story of a young cellist, Diago, his new job and position. A discussion of the film will focus on differences and similarities in cultural and emotional approaches toward life and death.

Ralph Stromberg is a co-leader of the SOAR First Friday Film SIG and chairs The SOAR Winter Term Committee. His love of film began as a child when he spent his weekends in the local movie theater. He considers *Departures* as one of his favorite foreign films. Stromberg previously served as SOAR's Executive Director.



Tuesday, October 29, 2024, 12:30 pm to 3:00 pm

F2417 • In-Person Only 📍 🚫

Health/Medicine

Why We Sleep

Based on Dr. Mathew Walker's bestselling book, this class will explain how sleep "is the most effective thing we can do to reset our brain and body health each day." It will describe how sleep is generated and what happens when we don't get enough. It will depict the gifts of REM sleep, and how sleep changes across the lifespan. Focal points will be how sleep changes as we age and how to best promote sleep when experiencing insomnia.

Dr. Ellen Slutzky holds a Ph.D. in Clinical psychology. Her primary interest and special area of study is behavioral health- the emotions and behaviors that affect your overall well-being. Prior to becoming a psychologist, Dr. Slutzky worked in adult education both as an instructor and guidance counselor. She loves pursuing learning at SOAR, absorbing the knowledge that the instructors provide. She volunteers for the Curriculum Committee and enjoys researching ideas for new classes as well as learning about the various professions and academic fields from which SOAR speakers originate.



Tuesday, October 15, 2024, 10:00 am to 11:30 am

F2418 • In-Person/Live Broadcast 📍 🏠 🚫

Glaucoma and Age-Related Macular Degeneration

Age-related macular degeneration (AMD) and glaucoma are two ophthalmic conditions of particular importance to the general population and even more so to older adults. Sometimes they present no symptoms in the early stages and so are not noticeable until they are at an advanced stage. Given the importance and rising incidence of these conditions in the American population, this class will provide an overview of the causes of findings related to, and treatment options for the management of AMD and glaucoma.

Dr. Zachary Bergman is a board-certified ophthalmologist and fellowship-trained glaucoma specialist who practices in Farmington Hills and West Bloomfield. Bergman treats patients for a variety of comprehensive ocular conditions as well as those in need of medical and surgical management for glaucoma. Dr. Bergman has a passion for direct-facing patient care and enjoys working with patients to create a tailored approach to best fit their needs.



Tuesday, October 22, 2024, 10:00 am to 11:30 am

F2419 • In-Person/Live Broadcast 📍 🏠 🚫

Endocrine Disorders in Older Adults

Endocrinology is a special and complex branch of medicine. This class will examine endocrine diseases, such as diabetes, obesity, osteoporosis, thyroid disorders, and others. Various endocrine disorders will be explored in detail, including a discussion of how each is treated from an endocrine standpoint. Specific questions from and discussion with class members will be a significant portion of the class. Please come ready to participate!

Dr. Arti Bhan is currently the Division Head for Endocrinology and Metabolism at Henry Ford Health System. Bhan received her medical degree from Government Medical College, India. Dr. Bhan is an active researcher and serves as a Principal investigator, sub investigator and consultant on numerous research projects, including NIH funded studies.



Tuesday, November 5, 2024, 1:00 pm to 2:30 pm

F2420 • Zoom, Recorded 🏠 📺

Awareness Through Movement: The Feldenkrais Method®

Learning new ways to move can be an effective addition to the treatment of chronic pain and neurological, orthopedic, and stress-related conditions. In this interactive class, participants will learn and practice gentle, innovative movement to help discover and relieve tensions in order to improve overall wellbeing. The Feldenkrais Method® of somatic education ties directly into functional movements of daily life, such as walking efficiently, lifting objects safely, and improving posture in sitting or standing.

Kathleen Dunne has been providing innovative lessons in the Feldenkrais Method® for the past 30 years. Certified as a practitioner in 1991, she spent time as the Administrative Director of the 4-year Chicago Training Program. Dunne teaches weekly classes on Zoom and In-Person workshop intensives. She has held classes for physical therapists at Providence Hospital and has presented seminars for medical residents and at various state and national conferences, including the Michigan Flute Association and National Yoga conferences.

Wednesday, November 13, 2024, 1:00 pm to 2:30 pm

F2421 • In-Person Only 📍 🚫



History

Kent State (1970) and Other Student Protests: Memories and Legacies

More than fifty years ago, student protests began to rock the nation. Marred notably by the deaths of four students and the injuring of nine others at the hands the National Guard, Americans paid close attention to what was happening on college campuses. Recently, protests of a different nature have caught public attention, with demands for appropriate responses. What makes these two eras alike and different? What lessons can be gleaned from them?

Dr. Thomas C. Sosnowski is a native of Detroit with a B.A. from the University of Detroit and a doctorate from Kent State University (KSU). He retired from KSU's Stark Campus in Canton, Ohio after 41 years. His academic specialties are French and Ohio



history with numerous articles and presentations in those fields. He was also honored with the University's Distinguished Teaching Award. It should be noted that he was a graduate student at Kent State at the time of the shootings.

Wednesday, October 16, 2024, 1:00 pm to 2:30 pm

F2422 • In-Person Only-Harrison Hall 📍 🚫

Diabolical Witchcraft in Early Modern Europe

In the 1300s, some European intellectual elites understood witches to be people who made a pact with demons and did harmful magic. They argued that these diabolical witches gathered at secret meetings or sabbaths to conspire against Christian society. That new notion of diabolical witchcraft joined with long-standing beliefs about harmful magic to produce witch hunts from the fifteenth through the seventeenth centuries, leading to roughly 90,000 prosecutions and 45,000 executions. This class will explore the development of the diabolical witch stereotype, the witch hunts it helped cause, and how it still affects our current notions of witches.

Dr. Lindsay J. Starkey is an Associate Professor of History at Kent State University. She is the author of *Encountering Water in Early Modern Europe and Beyond: Redefining the Universe through Natural Philosophy, Religious Reformations, and Sea Voyaging with Amsterdam University Press (2020)*. Her current project explores the 1485 Innsbruck inquisition into witchcraft through social network analysis.



Monday, October 28, 2024, 10:00 am to 11:30 am

F2423 • Zoom, Recorded 🏠 📺

Allied Strategic Bombing Campaign in Europe During WWII

The allied strategic bombing campaign over Nazi-occupied Europe was one of the most deadly and specialized aspects of World War II. Flying from bases in England and battling against the highly trained and experienced airmen of the German Luftwaffe, the allies suffered greatly. But then, they slowly gained advantage over a key element of the Nazi war machine that had spread tyranny throughout Europe. The battle for dominance in the skies was finally won by the courageous determination and ingenuity of the aerial warriors from Great Britain and the United States.

Dr. Fred L. Johnson III is Guy Vander Jagt '53 Endowed Professor of History at Hope College in Holland, Michigan. Dr. Johnson earned his Ph.D. from Kent State University in Kent Ohio. Prior to his career academia, Dr. Johnson served as a Communications-Electronics officer in the United States Marine Corps and Infantry Officer in the Marine Reserves. His historical fields of expertise include U. S. Military History, the Civil War, Africa, and 20th Century U.S. History.



Wednesday, October 30, 2024, 10:00 am to 11:30 am
F2424 • Zoom, Recorded 🏠 🔊

American Reactions to News of Death Camp Liberations

The death camps of World War II provide an irrefutable testament to the horrors and evil of the Nazi regime. As allied forces liberated the camps, the soldiers who encountered the human devastation that had been wrought were forced to redefine war. On the home front, Americans had to find a way to comprehend Nazi depravity while balancing the reality that the bloody struggle against Japan remained unfinished. Stunned disbelief gave way to numbing resignation and then to enraged determination as the United States (and Europe) worked to, first, expose the truth and, second, ensure that the world adhered to the admonition: NEVER AGAIN.

Dr. Fred L. Johnson III is Guy Vander Jagt '53 Endowed Professor of History at Hope College in Holland, Michigan. Dr. Johnson earned his Ph.D. from Kent State University in Kent Ohio. Prior to his career academia, Dr. Johnson served as a Communications-Electronics officer in the United States Marine Corps and Infantry Officer in the Marine Reserves. His historical fields of expertise include U. S. Military History, the Civil War, Africa, and 20th Century U.S. History.

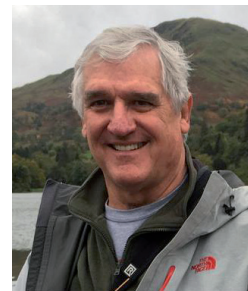
Wednesday, November 6, 2024, 10:00 am to 11:30 am
F2425 • Zoom, Recorded 🏠 🔊

The American Army in Normandy: From Detroit to the Falaise Gap

June 6, 1944, is certainly one of the most important single days in Western history. Had the Allies failed on that day, it is likely the course of history would have taken a dramatic turn for the worse. The background to that success, the key events of June 6th, the dramatic campaign in northern France that concluded with the closing of

the Falaise Gap on August 21st, and the near total destruction of the German army in Normandy will be the subjects of this class.

Jim Craft has a BA in History from Oakland University and an MA in History from Wayne State University. His background as a historian is diverse: teacher, author, researcher, lecturer, curriculum designer, curator, and historical commission member. Craft's principal area of expertise is 19th Century America. He is currently writing a series of short history books, primarily from a local perspective, which focus on important, although underappreciated, aspects of American History.



Wednesday, November 6, 2024, 1:00 pm to 2:30 pm
F2426 • In-Person/Live Broadcast 📍 🏠 🔊

Israel and Palestine: Listening to Both Stories

From the beginning of Zionist settlements in Palestine in the early part of the 20th century, a cloak of denial of each side by the other has been a major feature of the Israeli/Palestinian relationship. These presentations will explore what we see when we peer beneath the separate stories and try to create a single narrative. This is one class in two parts.

Prof. Ronald Aronson grew up in Detroit and studied at Wayne State University, UCLA, University of Michigan, and Brandeis University, where he received a Ph. D in the history of ideas. He is the author of several books on Jean-Paul Sartre, Albert Camus, Marxism, atheism, South Africa, and hope in today's world.



Thursday, November 7, 2024, 10:00 am to 11:30 am
F2427A • In-Person/Live Broadcast 📍 🏠 🔊
 Thursday, November 14, 2024, 10:00 am to 11:30 am
F2427B • In-Person/Live Broadcast 📍 🏠 🔊



The US Air Force of Today and for Tomorrow

Today our Air Force is the smallest it has ever been. It has been in a constant state of readiness around the world for decades. This class will take a deep look at the Air Force structure and capabilities as it exists today as well as a look into the future. The world is changing, and the US Air Force is looking to meet the challenges that the ever-changing world brings.

Brigadier General (Ret) Doug “Odie” Slocum spent 35 years in the Air Force and is a command instructor pilot with more than 4000 hours in the F4, F16 and A10 aircraft. He has authored more than 250 lessons, textbooks, and professional publications. A proven champion in safety, leadership, resiliency, suicide prevention, sexual assault prevention, and more, he is a world-renowned educator and acclaimed motivational speaker having delivered more than 750 presentations and keynote addresses around the world.



Monday, November 11, 2024, 10:00 am to 11:30 am

F2428 • In-Person/Live Broadcast 📍 🏠 🚫

Into No Man's Land

This first-person narrative of a Holocaust survivor, author, speaker, and educator will take you on a survival journey little written or known about. You will sleep in the winter under an open sky on no man's land. You will freeze in a Siberian labor camp, where the bears come to your door front. In Uzbekistan, you will live on boiled grass or broiled onions, and shiver with malaria. You will spend years in orphanages. When it is all over, you will wonder how a child with this background grows up to become a positive, creative, accomplished woman with a joy for living.

Irene Miller is a Holocaust survivor, author, speaker, educator, mediator. Before retirement she was a healthcare executive. Miller holds three degrees from the University of Cincinnati and Xavier University in Cincinnati and is a docent at the DIA. Miller has lived in several countries, traveled extensively, and speaks six languages. She is a positive, energetic woman with a joy of living and love to share.



Monday, November 18, 2024, 1:00 pm to 2:30 pm

F2429 • In-Person/Live Broadcast 📍 🏠 🚫

The Crisis After the Last Battle of the American Revolution

The last significant battle of the American Revolution was in Yorktown, Virginia, in 1781. But far from creating the country that we know today, the Revolution created 13 independent countries. The Constitution of the United States was not written until 1787 and not ratified until 1788, and George Washington did not assume the Presidency until 1789. This class will explore the series of crises that moved the reluctant states to unite.

Although **Leonard Zucker** has spent his career as a serial entrepreneur best known as Co-founder and CEO of the 1/2 Off Card Shop for sixteen years, his first love has always been American History. He is the founder of Americanhistoryin3d.com



Wednesday, November 20, 2024, 10:00 am to 11:30 am

F2430 • In-Person/Live Broadcast 📍 🏠 🚫

Law/Politics/Government

Republicanism Triumphant: The 1920s

During the 1920s the Republican Party experienced great success: it elected 3 presidents in a row. The party had turned away from its recent Progressive orientation (Theodore Roosevelt!) and reverted to the party of businessmen and the wealthy. Workers and farmers were not a priority. The election of Herbert Hoover, millionaire businessman, in 1928 seemed to be the culmination of this trend. Alas, unnoticed economic weaknesses led to the catastrophe of 1929--which fatally weakened the Republican Party for more than a generation.

Bruce Zellers teaches History at Greenhills School in Ann Arbor. He lectures widely and frequently on American History in general and military history in particular. His book reviews have appeared in *The Journal of Military History* and *The Michigan War Studies Review*.



Thursday, October 24, 2024, 10:00 am to 11:30 am

F2431 • In-Person/Live Broadcast 📍 🏠 🚫

Recent Supreme Court Decisions and Their Impact on American Life

This interactive presentation will discuss the major constitutional decisions of the United States Supreme Court in the 2023 Term, which concluded at the end of June 2024. The focus will be on the results of the decisions and the impact that those decisions have on American life.

Prof. Robert A. Sedler is a retired Distinguished Professor of Constitutional Law at Wayne State University. Prior to coming to Wayne State, he was a Professor at the University of Kentucky. He has published extensively in his field and has litigated a number of civil rights and civil liberties cases in Michigan, Kentucky and elsewhere. He is a frequent SOAR lecturer.



Thursday, October 24, 2024, 1:00 pm to 2:30 pm

F2432 • In-Person/Live Broadcast 📍 🏠 🚫

Literature/Biographies

Understanding Modern Hierarchy Through a Medieval Text

Modern hierarchies can be confusing. Yet, hierarchies have existed since the dawn of human history. By using a medieval text written in a time when hierarchies were more rigidly established, learners will gain insight into why modern hierarchies are the way they are, why humanity has not changed, and why what applied during the Middle Ages still applies today, albeit in a modern form. The class aims to bring light to the modern world via presentation of background information related to the Middle Ages and discussion.

Dr. Daniel Lorca taught at Oakland University for 12 years. He was an Associate Professor of Modern Languages and Literatures and taught Argumentative Writing in English. His specialty is the Renaissance literature of Spain, with emphasis on Cervantes.



Lorca has two Ph.D.s, one from the University of Chicago (Renaissance Literature of Spain, Cervantes) and another from Loyola University at Chicago (philosophy of language with emphasis on metaphor).

Friday, November 1, 2024, 10:00 am to 11:30 am

F2433 • In-Person/Live Broadcast 📍 🏠 🚫

African-American Artists in Paris in the 20th Century

From Sally Hemings to Richard Wright, African Americans have long found an acceptance in Paris that they did not find in the United States. Writers such as Langston Hughes, W.E.B. Du Bois, James Baldwin, and others found a sense of security and spent time in the famous city producing great work. Josephine Baker, Beauford Delaney, and others became a part of French culture. This class will take a look at the African-American experience in Paris and discuss how the myth of color line has shifted. It is recommended that attendees view the documentary *Myth of a Colorblind France* (2020) by Alan Govenar before class.

Dr. Frieda Ekotto is the Lorna Goodison Collegiate Professor of Afroamerican and African Studies, Comparative Literature and Francophone Studies at the University of Michigan. As an intellectual historian and philosopher with areas of expertise in 20th and 21st-century Anglophone and Francophone literature and in the cinema of West Africa and its diaspora, she concentrates on contemporary issues of law, race and LGBTQIA2S+ issues.



Friday, November 8, 2024, 10:00 am to 11:30 am

F2434 • Zoom, Recorded 📍 🎥

The History and the Literature: The Women

Historical novels tell interesting stories about a time and place and the people living there. Authors of these novels do extensive research so their writing accurately reflects the history of the period. Using *The Women* by Kristin Hannah as the launching point, this class will offer a one-hour look at the history of the Vietnam War – both in-country and on the home front – to provide the historical context for the novel. We'll then spend an hour discussing the novel as a piece of contemporary literature. Readers and history buffs are welcome! Participants should read *The Women* before class.

Stan and Diane Henderson are avid readers – Stan reads history, Diane fiction. In other lives, they would have been history and English professors. Now they team up to share their passions with us. Pre-retirement, Stan was



Vice Chancellor for Enrollment Management and Student Life at the University of Michigan-Dearborn, and Diane an educational program planner/consultant. Both are failing retirement!

Friday, November 15, 2024, 10:00 am to 12:00 pm

F2435 • In-Person/Live Broadcast 📍 🚫

Language and Music

This class will explore commonalities between the structure of language and the structure of music. It will discuss rhythm and melody, conceptual structures such as metaphor and blending, and the overall nature of human cognition, including how both music and language are part of our uniquely human behavior. The presentation will be illustrated by linguistic examples and musical excerpts.

Professor Geoff Nathan is the retired Wayne State University Chief Privacy Officer, as well as Professor Emeritus in the Linguistics Program at Wayne State. He has a doctorate in Linguistics from the University of Hawai'i and has taught at Southern Illinois University at Carbondale as well as Wayne State. He is interested in the political and social issues involved in computing, particularly privacy and security, and has published a book and several articles within linguistics, where he has been responsible for developing a new branch of phonology within Cognitive Linguistics.



Tuesday, November 19, 2024, 10:00 am to 11:30 am

F2436 • In-Person/Live Broadcast 📍 🏠 🚫

Nature/Environment

The Global Ocean

Imagine walking the beach or gazing out over the ocean. How did these bodies of water form? And what is happening below the surface? This presentation will discuss the oceans' formation after the big bang. We will examine the geography of oceans and their ever-changing configuration and interaction with landmasses, due to plate tectonics. The food chain of the oceans will be discussed, followed by an exploration of oceanic circulation and nutrients in the global ocean.

Robin Frisch-Gleason is a Geologist and Educator. For her Master's Degree in Geology, she did fieldwork in Antarctica where she discovered her passion for the polar regions of the earth. Throughout her geology career,



and later as an educator, Frisch-Gleason became committed to helping others to understand the polar regions and climate change, which is greatly impacting the planet. She now works as a lecturer and naturalist on board cruise ships and is thrilled to share her knowledge and awe about our oceans.

Tuesday, October 29, 2024, 10:00 am to 11:30 am

F2437 • Zoom, Recorded 🏠 📺

Lost Virginity: A Gardening Revolution

Life in The Americas meant new plants, new garden techniques, new recipes, new palates, new economies, and new social structures for colonists – truly, “A New World Order”. This lecture explores the food and farming techniques of native cultures, the successes and failures of early colonization, and, of course, the colonial ideals of freedom and liberty. This combination of the new and old worlds ultimately ‘liberated’ the Old World’s gardens, gave freedom back to nature, and lay the foundation for the modern American garden aesthetic.

Ed Blondin is the owner of Hortulus Gardens & Landscape, a niche garden design company serving the needs of clients in S. E. Michigan. When not in a garden, Blondin is exploring the history of gardens throughout the millennia. His lectures are not ‘how to’ guides on gardening but rather, humorous and historical perspectives on gardening and how these garden traditions have molded our western social ‘norms’ and, of course, our modern garden aesthetic!



Monday, November 18, 2024, 10:00 am to 11:30 am

F2438 • In-Person Only 📍 🚫

Performing Arts/Music/Dance

Granddaddies of the American Musical Theater

This class will delve into the melting pot of the American musical experience. The songs of Stephen Foster, medicine shows, minstrel shows, vaudeville – all of these are part of the DNA that shaped the uniquely American art form of the Broadway musical. From Bert Williams, a Black man who performed in blackface, to Fannie Brice to Jerome Kern and his ground-breaking operetta *Showboat*, the class will tell a story through photos and music.

Rochelle Rosenthal Forester has had a life-long love of music, theater, and performance. A member of Actor's Equity and SAG, she frequently performed at The Attic Theater, Jet Theater and Michigan Opera. Now retired, she enjoys researching and sharing her love of learning with others. Forester is married and has an adult daughter.



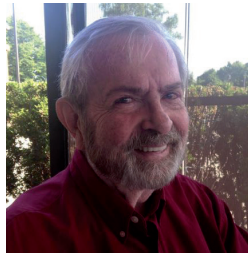
Wednesday, October 30, 2024, 1:00 pm to 2:30 pm

F2439 • Zoom, Recorded 🏠 🔴

The Timeless Music of Cole Porter

Cole Porter wrote over 1000 songs. Many of his timeless songs remain in the repertoires of today's artists. After a review of Porter's life, the class will discuss the backstories of many of his songs and listen to them as they are sung or played by some of the greatest artists of all time – from Artie Shaw's "Begin the Beguine" to "Night and Day" by the Temptations to "Just One of Those Things" by Harry Connick, Jr.

Stuart Johnson is a past member of the Michigan Jazz Record Collectors (MJRC), a local group of men and women who are dedicated to the preservation of jazz music. In 2007, as an outreach of the MJRC, Johnson began lecturing on jazz throughout the metro area at local libraries, libraries in Ann Arbor, Grand Rapids, and Mayville, Wisconsin, Senior Organizations, the Music Theatre class at U of D-Mercy, SOAR, MORE, and at a convention of the International Association of Jazz Record Collectors.



Tuesday, November 12, 2024, 1:00 pm to 2:30 pm

F2440 • In-Person Only-Harrison Hall 🚶 🚫

Fun With Puppets

Puppets have long been a source of joy for children and adults. During this class, participants will be introduced to various styles of puppets and different techniques for using them. Participants will be invited to create a sock puppet and try their hand at a puppet performance. The class is sure to include lots of creativity and laughs, as well as nourishment of our inner child.

Mary Copenhagen has been teaching Costume Design and Construction, Theatrical Makeup and Puppetry at WSU for 35 yrs. She has designed costumes for a number of regional theatres such as Meadowbrook Theatre, Jewish Ensemble Theatre, Detroit Repertory Theatre, Plowshares Theatre, Purple Rose Theatre to name a few as well as at Wayne State.



Tuesday, November 19, 2024, 1:00 pm to 2:30 pm

F2441 • In-Person Only 🚶 🚫

The Bishop, the Church, and the World

Bishop Thomas J. Gumbleton served the Archdiocese of Detroit for nearly 40 years. His death in April 2024 produced a slew of obituaries, articles, and commentaries that tried to assess his place and his impact. This class will attempt the same. Through various means, we will explore how the straight-arrow conservative became a rabid peacenik and thorn in the side of the Catholic hierarchy.

Dr. Brian Murphy, a retired English professor from Oakland University, was the University's Honors College Director for 17 years. Murphy is the author of *The Enigma Variations*, a novel, and a book about the fiction of CS Lewis. Murphy has had a number of plays presented at the Medicine Show Theatre in New York.

Wednesday, November 20, 2024, 1:00 pm to 2:30 pm

F2442 • In-Person Only 🚶 🚫

Traditions and Transformation: The Folk Music Influence on 60s and 70s Rock and Pop

During this entertaining multimedia presentation, the role of folk music in the development of popular music from post-World War II through the 1970s will be examined. Attendees will listen to some great music and learn about the effect historical and contemporary events had on the lyrical and musical content of songs from this era. Among the artists highlighted will be the Kingston Trio, Bob Dylan, Joan Baez, Neil Young, The Beatles, Traffic, Led Zeppelin, Lynyrd Skynyrd, David Bowie, and Peter, Paul and Mary.

Henry Feinberg is a musician, composer, music educator and a retired music instructor from Oakland Community College. He lectures on many musical topics with a focus on American Roots and Popular music. Henry received his Masters in Music from Oakland University and continues to perform on the piano and harmonica at various Detroit area locations in addition to teaching a roster of private students.



Thursday, November 21, 2024, 1:00 pm to 2:30 pm

F2443 • In-Person Only-Harrison Hall 📍 🚫

Philosophy/Religion/Psychology

Who Am I Now? Our Changing Life Meaning and Purpose as We Age

“Woe to him who saw no sense in life, no aim, no purpose...he was soon lost” Viktor Frankl, *Man’s Search for Meaning*

Are we ever too old to wonder about purpose? Hear the answer from the deathbed of Albert Einstein. Learn the secrets of the Greek philosophers and modern scientific evidence on the topic. Aging may leave us searching for meaning and purpose in life. It is important that we find both. Learn the process for rediscovering meaning and purpose and living your best life possible.

Garry Cole is a strong advocate for making the most of “this time” in our life. A University of Michigan graduate, Cole recently “semi-retired” from a career in marketing. He now spends his time researching, writing and speaking about aging and longevity. His book- *Are We Old Yet?*, was recently published and became a best seller in the category of Aging.



Thursday, October 17, 2024, 1:00 pm to 2:30 pm

F2444 • In-Person/Live Broadcast 📍 🏠 🚫

Advocating and Advancing Peace

By examining how peace advocacy was articulated and advanced by individuals such as Albert Einstein, Martin Luther King, Jr, and Cindy Sheehan and organizations like Witness for Peace and Women’s Peace Camps in the 20th and 21st centuries, we can better understand the conditions, obstacles, and opportunities they confronted. In the process, we may gain insights into organizing for peace in the present and future.



Prof. Francis Shor is an Emeritus Professor in History at Wayne State University. He is the author of six books and hundreds of articles in scholarly journals and popular online magazines. He is also a long-time peace and justice activist, serving on the Boards of Peace Action of Michigan and the Michigan Coalition for Human Rights.



This is a member’s only course held on consecutive Wednesday evenings from 7:30 pm to 9:00 pm. A class syllabus, with recommended readings, will be shared with all registered students.

Wednesday, October 23, 2024 to November 20, 2024, 7:30 pm to 9:00 pm

F2445 • Zoom, Recorded 🏠 📺

Solving the Mystery of Hospice

The word “hospice” can be a mystery to some people, while to others it may be rather familiar. Since hospice care is connected with end-of-life, many people feel uncomfortable even thinking about it. In this class we will address some common preconceived ideas and help attendees understand some important facts about hospice care, while also discussing the psychosocial-spiritual needs of end-of-life care.

Jennifer Norber, MALS, BSW first became familiar with hospice care when a few beloved family members received care. These experiences led her to want to give back to others at end-of-life. Over the past nine years she has worked in hospice as a Social Work Intern, Spiritual Care Counselor, Grief Counselor and is now a Volunteer Coordinator. In addition, just over a decade ago, she was also the Co-Program Manager here at SOAR!



Lisa Little MPH, BSHA, COTAL is currently the Palliative Care Program Coordinator for Angela Hospice Care. Little serves on various statewide committees including being the Co-Chair for the Palliative Care committee and sitting on the Hospice, and Public Policy Committees within the Michigan Home Care and Hospice Association where she works to advance palliative care services and improve healthcare within the State of Michigan. Through various public speaking engagements, Little works to diminish health disparities educating minority communities on preparing for complex chronic care management and end of life healthcare services impacting older adult communities.

Tuesday, November 5, 2024, 10:00 am to 11:30 am

F2446 • Zoom, Recorded 🏠 📺

Science/Technology

How AI is Impacting Our Lives



This session will begin with an explanation of how Artificial Intelligence (AI or Large Language Models) differs from search engines such as Google and Bing. The presenters will explain how AI is currently being used and raise questions about the impact of AI on our lives. Examples will offer guidelines on how to practice using AI, what to watch out for, and how to use it responsibly.

Judith Hale, Ph.D., is one of the more prolific writers and well-known consultants in the field of performance improvement and credentialing. Hale has worked in the public and private sectors across all industries for more than 45 years specializing in performance improvement, certification, evaluation, and sustaining change. She regularly speaks about how globalization and technology are impacting lives and the world of work.



Andrew Clark, MS, just completed his degree at Boise State. His research focused on the use of AI and the ethical challenges of using AI. Clark attended Ohio State University prior to Boise. Clark studied in Germany, has worked in hospitality and taught English as a second language in Korea.

Monday, October 14, 2024, 1:00 pm to 2:30 pm

F2447 • Zoom, Recorded  



UFOs: Where Do We Stand?

Since December 2017, the US Government has had to retract its decades-long public stance that UFOs were not “real” or important. Legislation created new efforts to determine what UFOs actually are and the air safety and national security threats they might pose. More recently “whistleblowers” have claimed governmental and private aerospace companies have studied recovered non-human craft and even “biologics.” This class considers how to separate fact from fiction, as it explores conspiracy theories regarding UFOs/UAP, what they actually may be, what we can believe about “Roswell,” and prospects for unraveling what has been called “the mystery of the ages.”

Bill Murphy has a BA and MA from Michigan State University and was a Ph.D. candidate at the University of Michigan. He has taught world civilizations courses at various colleges. He also worked full-time in the automotive industry. He retired from General Motors as a Senior Data Analyst and Associate Dean of its Quality College. Bill also served the Mutual UFO Network, retiring as Michigan Director in 1997. In 2007 He was a Board Member of the J. Allen Hynek Center for UFO Studies and, since retiring from business in 2016, has been an Assistant News Editor at Anomalist.com.



Thursday, November 14, 2024, 1:00 pm to 2:30 pm

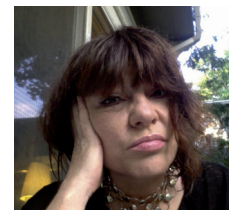
F2448 • Zoom, Recorded  

Sports/Leisure

Detroit's Olympic Uprising: A Documentary

The film, *Detroit's Olympic Uprising*, tells the 1963 story of those who sought glory for the city and those who fought for equality for all its citizens. The core of the narrative is the Torch Relay that was meant to crown the city's bid for the 1968 Olympics, but which, instead, devolved into chaos as young activists disrupted the carefully choreographed event. Attendees will watch the film and discuss this important historic event.

Prof. Silke-Maria Weineck is the Grace Lee Boggs Professor of Comparative Literature and German Studies at the University of Michigan. She has published and lectured widely on literature, philosophy, and culture, most recently on Detroit sports culture, including the great Joe Louis.



Prof. Stefan Szymanski is a Professor of Sports Management at the University of Michigan. Recognized as one of the most important sports economists internationally, Szymanski has written a number of books, including the best-seller *Soccernomics*, co-authored with Simon Kuper of *The Financial Times*.



Wednesday, October 23, 2024, 1:00 pm to 3:00 pm

F2449 • In-Person Only  

Travel/Culture



Inking History: Understanding Tattoos from the Past to the Present

Tattoos – whether you have them or not – are undeniably a permanent form of art that has an impact on the world as we know it. This presentation will discuss the effect that tattooing has had on history, the mark it leaves today, and its future. Come prepared to have a conversation on a topic that is often overlooked.

Dr. Allison Hawn is a tattoo art historian whose dissertation focused on the tattoo artist community and how we can democratize art. She is currently teaching in the Communication and World Languages Department as a Professor of Communication for Phoenix College. She is the author of multiple magazine and journal articles, and is the author of three published collections of humorous short stories.



Friday, October 18, 2024, 10:00 am to 11:30 am

F2450 • Zoom, Recorded  

Diversity, Equity, and Inclusion (DEI): What It Is and Why It Is Important Today

During this interactive class, participants will be introduced to the concepts of diversity, equity, and inclusion (DEI). We will discuss the importance of these concepts in today's society. In addition to providing definitions of up-to-date terminology, the class will explore the current state of racism in the United States, race relations, implicit biases, and microaggressions. Please join us as we explore topics that are critical to the advancement of our collective humanity.

Jay B. Marks, Ph.D. is a widely-respected educator with over 30 years experience in the field of education. He has served as an educational consultant in the area of diversity, equity, and inclusion on the local and national level. He is highly sought after for his work in the areas of racial and social justice. In addition to his work as a consultant, he also serves as an Intermittent Lecturer at the University of Michigan (Ann Arbor) in the School of Education.



Friday, October 25, 2024, 10:00 am to 11:30 am

F2451 • In-Person Only  

Canadian Maritimes: Nova Scotia and Prince Edward Island (PEI)

Join Reid Beyerlein for another look at one of his amazing adventures. Enjoy rural scenery and rugged coastal landscapes as you journey off the beaten path to discover one of Canada's most storied regions. We will explore Tidal Bore Rafting, the Bay of Fundy, Anne of Green Gables, The Confederation Bridge, and a true wildness adventure at Trout Creek Cabins. An entire world awaits at this wilderness adventure in the Canadian Maritimes.

Reid Beyerlein is the branch manager at Raymond James in Berkley, Michigan helping clients plan through retirement. While not in the office, Beyerlein loves to travel and get involved in his community. He is on the board for the Metro Detroit Youth Clubs and Royal Oak Optimist Club and is the longest serving ambassador for the Royal Oak Chamber of Commerce.



Monday, November 4, 2024, 10:00 am to 11:30 am

F2452 • In-Person/Live Broadcast   

Advocating and Advancing Peace with Dr. Francis Shor

By examining how peace advocacy was articulated and advanced by individuals (Albert Einstein, Martin Luther King, Jr, and Cindy Sheehan) and organizations (Witness for Peace and Women's Peace Camps) in the 20th and 21st centuries, we can better understand the conditions, obstacles, and opportunities they confronted. In the process, we may gain insights into organizing for peace in the present and future.

Join other SOAR members for this inaugural evening class. The class will meet for 5 consecutive **Wednesdays via Zoom from 7:00 pm to 8:30 pm**

This course will require additional reading which will be provided by the instructor.

This course is open only to SOAR members.



Mahjong Class

Learn to play American Mahjong led by Barbara Spreitzer-Berent. Mahjong is a fun, challenging, tile-based game for three or four players. Popular worldwide, it originated in China and came to the US in the early 20th century. Each class session will include an explanatory lecture, game play and opportunities for questions. Participants will learn the rules, conventions, and basic strategy to play the game in-person and online. Enrollees should commit to attending all four classes for their benefit and that of their classmates.



Barbara Spreitzer-Berent is an experienced lecturer, trainer, and Mahjong enthusiast. She is probably best known at SOAR for her programs on the history of Broadway musicals and tap dancing. In this class, she will present a different aspect of Mahjong in each session, building knowledge and confidence in a systematic way.

3:00 pm to 4:30 pm. Tuesdays, October 15, 22 & 29. November 12. Please note that there will be no class on November 5.

Cost: Members-Free; Non-members-\$20. An additional \$15 materials fee will be due on the first day of class to cover the cost of the official 2024 Mahjong playing card.

Class limited to 16 people.



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Thank You SOAR volunteers!

SOAR Lifelong Learning Institute is a member-led, volunteer fueled organization.

We could not be who we are without the leadership and support of all the people who generously give their time and talents to assure our continued growth. Whether you helped to check people in for class, led a SIG discussion group, helped to plan or facilitate a special event or field trip, served on our Board, or any other way that you helped, we could not do it without you! Thank you to everyone that volunteered over the past year!

Lynn Aleman	Dan Harmon
Benson Barr	Michelle Selman Hass
RoseMarie Battey	Jack Haynes
Sheldon Beck	Diane Henderson
Barbara Berent	Martin Herman
Wayne Berry	Alan Kessler
Christine Burkli-Bery	Judy Kessler
Jerry Breuer	Arthur Kirsh
Sharon O'Brien	Joseph Kwapisz
Paula Brose	Sandie Landau
Randy Bruce	Fran Lewis
Jon Buyle	Paul Lieberman
Mel Chudnof	Jeff London
Karen Cirino	Mike Luttenberger
Kevin Cloonan	Marilyn McKinney
Carol Crotty	Faye Menczer
Al Darold	Cathy Mintz
Naomi Edwards	Jose Mirkin
Mina Feldman	Tom Neal
Wilma Fellman	Roberta Russ
Paula Finkelstein	Connie Silver
Bruce Fowler	Ellen Slutsky
Peggy Fowler	Andrea Soultanian
Alan Fox	Katie Stocker
Susan Genden	Ralph Stromberg
Susan Greenfield	Peggi Tabor
Kathleen Gripman	Elizabeth Urban
Sandy Gross	Elaine Yaker

We hope that we have included all volunteers in this list but recognize that we may have missed someone. It is not intentional, and we apologize in advance. We truly appreciate you all!

Looking ahead

Join other SOAR members this Winter for a fascinating Zoom journey down "Route 66".

U.S. Route 66 was one of the original numbered highways. Established on November 11, 1926, Route 66 was 2,448 miles in length, began in Chicago, Illinois, and ended at the Santa Monica Pier in Los Angeles, California. Along these many miles is a vast history of unique information. The SOAR Winter Term will provide an excellent group of local and national instructors who will discuss topics such as music, literature, racism, and film centered on Route 66.



We look forward to seeing you in February and March of 2025, as we get our kicks on Route 66.

Special Winter Field Trip

Melodies at the Museum

Thursday, December 19, 2024

Join other SOAR members on a trip to the DIA to experience a Holiday Concert with Alvin Waddles and Marion Hayden.

Transportation will be available. Watch the Monday Eblast for more information.



About SOAR LLI

As a lifelong learning institute, SOAR Lifelong Learning Institute's (LLI) mission is to provide intellectually stimulating, interactive, and entertaining classes, events and social experiences where everyone feels included and welcome. SOAR's programs include a diverse selection of non-credit academic lectures, field trips, special events, shared interest groups, and other activities. Each year, nearly 1,000 individuals from throughout metropolitan Detroit enjoy our programs. SOAR is member and volunteer led and it's goal is to enable its members to experience better cognitive and emotional health while enjoying social connectedness, cultural events, and personal growth.

How to become a SOAR member

Any person who registers for a full SOAR term is a SOAR member!

The six-week, Fall 2024 membership fee is \$135. This includes access to all SOAR classes, along with access to all the recorded classes so you can watch them on-demand, at your convenience. SOAR membership also includes the opportunity to participate in our Special Interest Groups (SIGs), at no additional charge and discounted member prices for SOAR Special Events and Field Trips.

*Limited scholarships are available. Contact Deb if you are experiencing a financial hardship.

Important Fall Term Dates

September 16, 2024 - September 22, 2024	Priority Member Enrollment - Learners purchasing a full membership may register for up to 10 in-person classes (Zoom classes are included and do not require registration).
September 23, 2024	Open Enrollment - Single class registration is available. Members who took advantage of Priority Enrollment may register for additional in-person classes as space allows.
October 14, 2024	Classes begin

Closed/Full Classes

If an in-person class fills up before a member can register, the member may come to the registration table at the HAWK before the class begins to receive a numbered waiting token. 1-2 minutes before class is scheduled to begin, members will be let into the class in the order of their token numbers until such time as the class is full.

Guest Passes

Members are entitled to two guest passes per term. Guest passes are intended to be used by friends and family members **that have never taken a SOAR class before**. If additional guest passes are desired, contact the office. Please help us share the joy of lifelong learning.

Guest passes are not available for single class registrants.

Volunteer for SOAR

SOAR is powered by volunteers. All of SOAR's committees are comprised of volunteer leaders and members. **SOAR simply could not exist without the brilliant minds and dedicated hands of the people who spark ideas and action.** Please consider becoming a SOAR volunteer. Facilitate a class, help plan a term, organize a SIG, join a committee, help check learners in for class, champion SOAR to friends and family.

Location

The SOAR office and classroom are located on the 3rd floor of the Hawk Community Center, On 12 Mile Road between Middlebelt and Orchard Lake Road in Farmington Hills. An elevator is located in the main lobby. Our main classroom, room 391 is equipped with hearing loop technology and multiple screens to ensure all learners can see the presentation without interruption.

SOAR's Values

SOAR is committed to serving all individuals with dignity and respect. SOAR commits to not discriminate against members or guests, based on race, color, ancestry, religion, sex, national origin, sexual orientation, age, citizenship, marital status, disability, gender identity/expression or Veteran status. All are welcome at SOAR.

How to Register for Classes

Full SOAR Membership

In order to accommodate all participants, learners who pay the \$135 membership fee will be able to enroll in up to 10 in-person classes during Priority Registration. Beginning on September 23rd, all members can enroll in additional in-person classes as space allows. Learners who purchase a full membership will receive links to all virtual/zoom classes. There are two ways to register for the full term:

Online (Preferred method) at www.soarexplore.com – click on “Register” at the top right corner of the screen. This will take you to the Registration Portal (registration will open at 10 am on September 16th).

- Once at the Registration Portal, previous members may begin by clicking “Login.” If you are new to SOAR, click “New User? Start Here” and follow the prompts to set up a new user account. Once you are logged in or have set up a new account, follow the steps below:
 - Click on “Membership” at the top left side of the screen
 - Select the applicable Membership option (new or current member)
 - Enter your payment information
 - Scroll down and look for the “Terms of Use” box at the bottom of the screen
 - After reading the terms click on the box to accept
 - Click “Submit”
- Once your Membership is paid, you may select your classes by following these steps:
 - Click “Search” at the top of the screen
 - Go to “Search Options” menu at the middle, left side of the screen and click on “Select Semester”
 - Select “Fall 2024 Term” for classes from the drop-down menu
 - Click “Search,” then click “Register” to add courses to your cart
 - Click on the Shopping Cart icon at the top right side of the screen to complete the “Check Out” process

Single Class Option – once you are logged in (see steps above), follow the steps below:

- Click “Membership” at the top left side of the screen
- Select ‘Single Class Option,’ then follow the prompts
- Click “Search” at the top of the screen
- Go to “Search Options” menu at the middle, left side of the screen and click on “Select Semester”
- Select “Fall 2024 Term” from the drop-down menu
- Click “Search,” then click “Register” to add courses to your cart
- Click on the Shopping Cart icon at the top right side of the screen to complete the “Check Out” process
- Enter your payment information
- Single class costs: Scheduled In-person Class = \$20
- Scroll down and look for the “Terms of Use” box at the bottom of the screen
- After reading the terms, click on the box to accept
- Click “Submit”

SOAR Basic Membership

The SOAR Basic Membership (\$35/year) provides access to Shared Interest Groups as well as discounts on most Special Events and Fieldtrips. The Basic Membership does not include any SOAR classes.

To check your class schedule at any time, login to your account. Click on your name in the upper right-hand corner. Click on “Account” on the left side. Scroll down to the “My Registrations” tab. You will find your registered classes here.

Mail-in Registrations are entered in the order received via postmark, but will not be processed until Monday, September 16th and do not guarantee enrollment in a particular class.

Walk-in registrations are not accepted but assistance is available for those who may need it. Please call the office to make an appointment with our team.

Withdrawal/Refund policy

Requests for withdrawals and refunds must be made in writing or by email. Requests must be received no later than 5 pm on October 4, 2024. Refunds for Special Events must be received at least 10 days prior to the event. There will be a \$10 service fee for all refunds. Field Trips are non-refundable.



SOAR Fall 2024 Mail-In Registration Form

First Name

Last Name

Address

City/State

Zip

Email Address

()
Phone

Check here if
any information
has changed ☐

If you are a first-time member, how did you hear about SOAR?

Registration \$135: Includes access to all in-person (space permitting) and online classes.

Enrollment for Single Classes, both in-person or on zoom, is only available online beginning September 23, 2024.

PLEASE READ BEFORE FILLING OUT THE REGISTRATION FORM:

1. SOAR will continue our Priority Enrollment Period (9/16/24-9/22/24) during which members will be able to register for up to 10 in-person classes. During the Open Enrollment Period (9/23/24+), members may register for additional classes (more than the original 10), as space allows. Please only register for classes that you plan to attend.
2. Rank your class preferences in order, 1-15, (1) being the ***MOST*** desired class, (15) being the *least* desired class.

Please list your class selection clearly. (Example: F2401)

Priority Enrollment Class Choices				
1.	2.	3.	4.	5.
6.	7.	8.	9.	10.
Open Enrollment Class Choices				
11.	12.	13.	14.	15.

Please register me for the following Special Events and Field Trips _____

☐ I acknowledge that I have read and accept the waiver and release on the reverse side of this form.

Please mail the completed form with a check (payable to SOAR) or include credit card information below to:

SOAR c/o The Hawk Community Center
29995 W. 12 Mile Rd., Farmington Hills, MI 48334

Charge registration fees to credit card holder name: _____

Credit Card # _____ Expiration Date _____ / _____ Security Code _____



Society of Active Retirees
Waiver, Release of Liability, and Indemnity Agreement

I, the undersigned, acknowledge the inherent risks involved when using the facilities and attending classes of the **Society of Active Retirees, a Michigan non-profit corporation (SOAR)**, and while engaging in all activities and programs relating thereto, including, but not limited to, field trips, special events, bus trips, meetings and special interest group events, and meetings (collectively, "Activities"). Accordingly, as consideration for being allowed to use the facilities, attend classes, and otherwise participate in the Activities, I agree to and accept the following:

I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, which may include permanent disability and even death, and severe social and economic losses which might result not only from my actions, but also from the action, inaction, or negligence of others, or the condition of the premises, or any equipment used in connection with any Activity, and further that there may be risks not known to me or not reasonably foreseeable. I expressly assume all risks of injury, including death, which may occur in connection with my participation in any of the Activities with **SOAR**.

I agree to assume all the foregoing risks and accept full responsibility for my own damages following such injury, permanent disability, or death.

I, for myself and on behalf of my family and estate, release, waive, discharge, and agree not to sue **SOAR**, its owners, volunteers, faculty, respective agents, affiliates, associates, officers, directors, and employees (collectively "Releases") from all demands, losses, or damages on account of any bodily injury, death, or property damage caused or alleged to be caused in whole or in part by Releases or any other party's actions, inactions, or otherwise, whether or not foreseen by them. I also agree to indemnify, hold harmless, and defend the Releases from any and all third-party claims caused in whole or in part by my actions.

I consent to emergency medical care and transportation in order to obtain treatment in the event of injury to me as **SOAR** may deem appropriate. This Release extends to any liability arising out of or in any way connected with the medical treatment and transportation provided in the event of an emergency. In connection with any Activity, I understand that I may be photographed. I consent to, and **SOAR** has the right to use for any legitimate purpose, any photographs, film or video, sound recordings, or other form of representation of my person or likeness that is taken of me during any of the Activities.

I expressly agree that the terms of release and indemnity contained herein are intended to be as broad and inclusive as are permitted by the laws of the State of Michigan. If any provision of this Waiver, Release of Liability, and Indemnity Agreement is determined to be invalid, illegal, or unenforceable in any respect as written, such provision shall be automatically modified to the minimum extent necessary to make it enforceable and the provision as so modified shall be enforced, without invalidating the Agreement as a whole.

Signature _____

For Office Use Only

Date Rec'd _____ Postmark Date: _____ Opened By: _____

Check #: _____ Check Date: _____ Check Amount: _____

Bank/Financial Institution: _____

SOAR Lifelong Learning Institute – Fall 2024 Calendar

New This Term!!!! SOAR office is open for lunch daily – Bring your own lunch (BYOL). SOAR will supply the coffee.



































































Check the Monday EBlast for details about “GET TO KNOW YOU THURSDAYS”.



Sept. 25 - Fieldtrip St. John's Armenian Apostolic Church — Oct. 9 - New Member Welcome @ The Hawk	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	14	15	16	17	18
	AM 10:00 - 11:30 Pearson F2407 Current Events 🏠	AM 10:00 - 11:30 Slutzky F2418 Health/Medicine 🏠	Harrison Hall Day AM 10:00 - 11:30 Bryson F2408 Current Events 🏠	AM 10:00 - 11:30 Wyrembelski/Antrassian F2409 Detroit/Michigan 🏠	AM 10:00 - 11:30 Hawn F2450 Travel/Culture 🏠
	PM 1:00 - 2:30 Hale/Clark F2447 Science/Technology 🏠	PM 12:30 - 3:00 Lublin F2415 Film 🏠	PM 1:00 - 2:30 Sosnowski F2422 History 🏠	PM 1:00 - 2:30 Cole F2444 Philos./Rel/Psych 🏠	PM Fieldtrip to Michigan Central Members Only
		PM 3:00 - 4:30 Mahjong 🏠	Bring a Friend for Free Day		
	21	22	23	24	25
	AM 10:00 - 11:30 Arose F2402 Art/Architecture 🏠	AM 10:00 - 11:30 Bergman F2419 Health/Medicine 🏠	AM 10:00 - 11:30 Evans F2403 Art/Architecture 🏠	AM 10:00 - 11:30 Zellers F2431 Law/Politics/Government 🏠	AM 10:00 - 11:30 Marks F2451 Travel/Culture 🏠
	PM 1:00 - 2:30 Pytlik F2401 Archaeology/Anthropolgy 🏠	PM 1:00 - 2:30 Collens F2405 Business/Finance 🏠	PM 1:00 - 3:00 Weineck/Szymanski F2449 Sports/Leisure 🏠	PM 1:00 - 2:30 Sedler F2432 Law/Politics/Government 🏠	PM Special Event Shadows of Freedom Zoom 🏠
	28	29	30	31	1
Oct. 27 - Fieldtrip Detroit Opera La Traviata Transportation included	AM 10:00 - 11:30 Starkey F2423 History 🏠	AM 10:00 - 11:30 Frisch-Gleason F2437 Nature/Environment 🏠	AM 10:00 - 11:30 Johnson, Fred F2424 History 🏠	AM 10:00 - 11:30 Golden F2412 Detroit/Michigan 🏠	AM 10:00 - 11:30 Lorca F2433 Literature/Biographies 🏠
	PM 12:30 - 3:00 wenzel F2416A Film 🏠	PM 12:30 - 3:00 Stromberg F2417 Film 🏠	PM 1:00 - 2:30 Forester F2439 Perf. Arts/Music/Dance 🏠	PM 1:00 - 2:30 Reed F2413 Detroit/Michigan 🏠	PM 2:00 Special Event Khan & Lupovitch 2:00 PM 🏠
		PM 3:00 - 4:30 Mahjong 🏠	PM 7:30 - 9:00 Shor F2445 🏠		

LEGEND: 🏠 IN-PERSON • 🏠 VIEW FROM HOME

SOAR Lifelong Learning Institute – Fall 2024 Calendar

New This Term!!!! SOAR office is open for lunch daily – Bring your own lunch (BYOL). SOAR will supply the coffee.
Check the Monday EBlast for details about “GET TO KNOW YOU THURSDAYS”.

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
4					5					6					7					8				
AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30				
Beyerlein F2452   Travel/Culture					Norber/Little F2446   Philos/Rel/Psych					Johnson, Fred F2425   History					Aronson F2427A   History					Ekotto F2434   Literature/Biographies				
PM 12:30 - 3:00					PM 1:00 - 2:30					PM 1:00 - 2:30					PM 1:00 - 2:30									
wenzel F2416B   Film					Bhan F2420   Health/Medicine					Craft F2426   History					Fahoome F2414   Detroit/Michigan									
										PM 7:30 - 9:00														
Shor F2445  					Shor F2445  																			
11					12					13					14					15				
AM 10:00 - 11:30					Harrison Hall Day AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 12:00				
Slocum F2428   History					Lessenberry F2410   Current Events					Vogel F2404   Art/Architecture					Aronson F2427B   History					Henderson F2435   Literature/Biographies				
PM 12:30 - 3:00					PM 1:00 - 2:30					PM 1:00 - 2:30					PM 1:00 - 2:30					PM				
wenzel F2416C   Film					Johnson, Stuart F2440   Perf. Arts/Music/Dance					Dunne F2421   Health/Medicine					Murphy, Bill F2448   Science/Technology					Special Event Barbara McQuade  				
					PM 3:00 - 4:30					Shor F2445  														
Mahjong  																								
18					19					20					21					22				
AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30					AM 10:00 - 11:30				
Blondin F2438   Nature/Environment					Nathan F2436   Literature/Biographies					Zucker F2430   History					Khan F2411   Current Events					Adams F2406   Business/Finance				
PM 1:00 - 2:30					PM 1:00 - 2:30					PM 1:00 - 2:30					PM 1:00 - 2:30									
Miller F2429   History					Copenhagen F2441   Perf. Arts/Music/Dance					Murphy, Brian F2442   Perf. Arts/Music/Dance					Feinberg F2443   Perf. Arts/Music/Dance									
					PM 7:30 - 9:00					Shor F2445  														

LEGEND:  IN-PERSON •  VIEW FROM HOME

Shared Interest Groups or SIGs

Shared Interest Groups (SIGs) are a way for SOAR members to take a deep dive into areas of common interest. SIGs are intimate (limited to 25 active members), hosted by a SOAR volunteer (or team of volunteers) and typically meet once a month on Zoom to discuss a book, film, or issue. SOAR SIGs are a free benefit of SOAR membership and are a wonderful way to connect with other SOAR members and promote friendship and fun! SIG meetings generally last 90 minutes. Reach out to Sharon O'Brien (aa9938@wayne.edu) for more information or to connect with each SIG's organizer.

Interested in participating in a SIG but not taking classes? The Basic Membership is for you!

SOAR's Book Club

SOAR's first SIG remains one of the most popular. The award-winning fiction and non-fiction books chosen are selected by members of the SOAR Book Club who take turns moderating discussions. The SOAR Book Club meets the third Friday of each month at 1:15 pm This SIG is organized by Bonnie Cousens and Roberta Russ.

History Book Group

Launched in 2020, the books read by this group focus on literary, nonfiction books which highlight a particular historic event or era. Books are nominated by members and the group meets on the second Friday afternoon of each month at 1:30 pm This SIG is organized by Sharon O'Brien.

SOAR's Literary Society

Literature lovers unite! Introduced in 2020, this book club delves into the author's and the book's themes, styles, and messages. The group meets the third Wednesday of each month at 1:00 pm This SIG is organized by Sharon O'Brien.

The Detective Novel Club

This SOAR book club explores the many types of detective novels, from the classics to the pot-boilers, to the novels of today. This SIG meets the second Thursday of each month at 3:30 pm This SIG is organized by Sharon O'Brien.

Have an idea for a new SIG that you'd like to lead, reach out to Sharon O'Brien or the office to discuss it.

First Friday Movie Group

All of the films selected and watched by this SIG lend themselves to robust discussion and discovery and range from classics to contemporary, American blockbusters to independent and foreign films. Films are watched independently, in advance, and discussed at the meeting. This group meets the First Friday of each month at 1:00 pm This SIG is organized by Ralph Stromberg and Sharon O'Brien.

Great Decisions

Based on the success of the Great Decisions classes, led by Dan Harmon and Al Darold, this SIG identifies and focuses on a topic from current events. Members explore the impact and ramifications of the decisions made related to the subject. This SIG meets once a quarter.

The Roaring Twenties

This new SIG will explore the literature, art, and music of the years 1919 to 1929. This is a period rich in cultural and artistic endeavors; the period F. Scott Fitzgerald coined "The Jazz Age." Participants will read, watch, and listen as we delve into the movements and trends of this fascinating period of American history. This SIG meets the second Wednesday of each month at 3:30 pm This SIG is organized by Sharon O'Brien.

The Theatre Group

The Theater group was formed so that theater-loving members can see live performances together in various local and metro area venues. Getting to know each other by sharing rides and some post-performance discussion at nearby eateries are part of the plan. This SIG is organized by Elizabeth Urban.



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Our independent living features exceptional services and amenities, maintenance-free living, wonderful dining, and comfortable spaces to gather with friends and family. Plus, the gracious, helping hand of assisted living and memory care is available whenever you need it, all on one campus. Now that's a retirement life you can love—and that's the singular vision of senior living Edward Rose and Sons brings to every one of our communities.

Our Leasing Center is now open!

Call (248) 850-1351 to make your appointment.

Contact us to find out how to become a
Founders Club Member!



Independent Living | Assisted Living | Memory Care

28800 West Eleven Mile Road • Farmington Hills, MI 48336
FarmingtonHills.RoseSeniorLiving.com | (248) 850-1351

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